



Revisión web de clickablefitness.com

Generado el 30 Marzo 2025 16:13 PM

La puntuación es 50/100



Contenido SEO

	Título	Clickable Fitness Home - Clickable Fitness Longitud : 42 Perfecto, tu título contiene entre 10 y 70 caracteres.																		
	Descripción	Clickable Fitness Home - The ultimate destination for accurate and evidence-based health and fitness information. We make fitness simple. Longitud : 137 Genial, tu descripción meta contiene entre 70 y 160 caracteres.																		
	Palabras Claves (Keywords)	Muy mal. No hemos encontrado palabras clave (meta keywords) en tu página. Usa este generador de meta tags gratuito para crear tus palabras clave.																		
	Propiedades Meta Og	Bien. Tu página usa propiedades Og (etiquetas og). <table><thead><tr><th>Propiedad</th><th>Contenido</th></tr></thead><tbody><tr><td>locale</td><td>en_US</td></tr><tr><td>type</td><td>website</td></tr><tr><td>title</td><td>Clickable Fitness Home - Clickable Fitness</td></tr><tr><td>description</td><td>Clickable Fitness Home - The ultimate destination for accurate and evidence-based health and fitness information. We make fitness simple.</td></tr><tr><td>url</td><td>https://www.clickablefitness.com/</td></tr><tr><td>site_name</td><td>Clickable Fitness</td></tr><tr><td>updated_time</td><td>2023-05-13T11:12:19+00:00</td></tr><tr><td>image</td><td>https://www.clickablefitness.com/wp-content/uploads/2022/12/Clickable-Fitness-1-8.png</td></tr></tbody></table>	Propiedad	Contenido	locale	en_US	type	website	title	Clickable Fitness Home - Clickable Fitness	description	Clickable Fitness Home - The ultimate destination for accurate and evidence-based health and fitness information. We make fitness simple.	url	https://www.clickablefitness.com/	site_name	Clickable Fitness	updated_time	2023-05-13T11:12:19+00:00	image	https://www.clickablefitness.com/wp-content/uploads/2022/12/Clickable-Fitness-1-8.png
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Contenido SEO

		image:secure_url https://www.clickablefitness.com/wp-content/uploads/2022/12/Clickable-Fitness-1-8.png image:width 1080 image:height 1080 image:alt Clickable Fitness Home image:type image/png
	Titulos	H166 H24 H36 H44 H53 H61 • [H1] HOME • [H1] A Comprehensive Review of XXL Nutrition Supplements: Finding the Right Supplements for Your Fitness Goals • [H1] When Pleasure Becomes Destructive: Dopamine and the Descent into Addiction • [H1] The Five Foundational Pillars: Creating A Solid Base For A Thriving, Healthy Life – Synergy For Succes • [H1] The Five Foundational Pillars: Creating A Solid Base For A Thriving, Healthy Life – Part 5: Relationships • [H1] The Five Foundational Pillars: Creating A Solid Base For A Thriving, Healthy Life – Part 4: Light Exposure • [H1] The Five Foundational Pillars: Creating A Solid Base For A Thriving, Healthy Life – Part 3: Exercise • [H1] The Five Foundational Pillars: Creating A Solid Base For A Thriving, Healthy Life – Part 2: Nutrition • [H1] The Five Foundational Pillars: Creating a Solid Base for a Thriving, Healthy Life – Part 1: Sleep • [H1] The Dopamine Advantage: Master Your Motivation and Unlock Your Potential • [H1] Mastering Supplementation: Optimise Your Health, Sleep, and Focus with Science-Backed Strategies • [H1] Introducing FitTrack: Unleashing the Power of Health Data • [H1] Introducing XXL Nutrition: Unleash Your Fitness Potential with the Ultimate Supplement Powerhouse • [H1] Introducing Alphalete: Elevating Fitness with Innovation and Community • [H1] Introducing Eight Sleep: Revolutionizing Sleep Quality with Innovative Products • [H1] Introducing Check My Body Health: Take Charge of Your Health with Confidence • [H1] 10 Essential Supplements for Fitness: Benefits and Recommendations for Optimal Health and Wellness • [H1] The Ultimate Guide to Supplements for Joint Health • [H1] The Top 5 Supplements for Quick Muscle Recovery: A Comprehensive Guide • [H1] Introducing What’s Supplements – High Quality and Affordable Supplements • [H1] Introducing TITAN – Elevate Your Home-Gym Experience • [H1] Introducing Momentous – The Science-Backed Performance and Health Solution for High-Achievers. • [H1] Sleep 101: A Guide For Optimizing Your Sleep

Contenido SEO

- [H1] 10 Must-Have Pieces of Equipment for Building a Comprehensive Home Gym.
- [H1] AG1: The Comprehensive Nutritional Solution for Whole-Body Health
- [H1] Introducing Clickable Fitness: The Number 1 Tool for Cutting Through the Noise and Unleashing Your Potential
- [H1] XXL Nutrition Creatine + HMB Stack
- [H1] XXL Nutrition Creatine Caps 1250mg
- [H1] XXL Nutrition Muscle Grow 2000grams
- [H1] XXL Nutrition Creatine Monohydrate
- [H1] Fitness & Nutrition Plan
- [H1] Personalised Nutrition Plan
- [H1] Personalised Fitness Plan
- [H1] XXL Nutrition Blast! Pre-Workout
- [H1] XXL Nutrition Venom Pre-Workout Drink
- [H1] XXL Nutrition Black Label Pre-Workout
- [H1] XXL Nutrition 30 Day Fat Killer Pack
- [H1] XXL Nutrition Women's Fatburner Pack
- [H1] XXL Nutrition Burner Shot
- [H1] XXL Nutrition Vegan Diet Shake
- [H1] XXL Nutrition Fat Metabolic Support Powder
- [H1] XXL Nutrition 24 Hour Fat Metabolic Support Stack
- [H1] XXL Nutrition Fat Metabolic Support Night
- [H1] XXL Nutrition Fat Metabolic Support
- [H1] XXL Nutrition Fat Metabolic Support Black Edition
- [H1] XXL Nutrition Women's Fat Metabolic Support
- [H1] XXL Nutrition Light Sauce
- [H1] XXL Nutrition Diet Shake
- [H1] T-2 SERIES ROLLER J-HOOKS
- [H1] T-2 SERIES SANDWICH J-HOOKS
- [H1] T-2 SERIES LAT TOWER POWER RACK ATTACHMENT
- [H1] TITAN SERIES 24-IN EXTENSION KIT
- [H1] X-3 SERIES BOLT DOWN EXTENSION KIT
- [H1] X-3 SERIES FLAT FOOT EXTENSION KIT
- [H1] T-3 SERIES FOLDING POWER RACK
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- [H1] X-3 SERIES BOLT-DOWN POWER RACK
- [H1] T-3 SERIES EXTENSION KIT
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- [H1] SEATED STATIONARY BENCH
- [H1] POWER STRIKE PUNCHING BAG
- [H1] POWER RACK MOUNTED ADJUSTABLE SPEED BAG PLATFORM
- [H1] MUAY THAI HEAVY BAG
- [H1] DUAL STATION BOXING STAND FOR SPEED AND HEAVY BAG
- [H1] MUAY THAI SHIELD
- [H1] PIVOTING REFLEX TRAINER
- [H2] Companies that we trust
- [H2] Join Thousands Of Success Stories Worldwide
- [H2] Providing A Healthy, Happy And Confident Lifestyle For All
- [H2] What To Expect From Clickable Fitness
- [H3] official Partners
- [H3] Reviews
- [H3] About Us
- [H3] WHAT YOU GET

Contenido SEO

		• [H3] Sign Up • [H3] Take control of your health and fitness journey with Clickable Fitness • [H4] Recent Articles • [H4] Newsletter • [H4] Your Personalized Path to Peak Performance! • [H4] Recent Products • [H5] Take a stroll through Clickable Fitness blogs and enjoy the rich content we offer you. Read articles on a variety of topics. Keep up with current events and information. • [H5] Join the Clickable Fitness revolution! Get expert advice, tailored workouts, and special offers. Elevate your fitness journey and be your best self. Subscribe now – don't miss out! • [H5] Our filter system ensures that all information, products, and partnerships recommended on our platform align with our mission and provide accurate and evidence-based information. Here are some of the newest additions. • [H6] we make fitness simple.
	Imágenes	Hemos encontrado 72 imágenes en esta web. Bien, la mayoría de tus imágenes tienen atributo alt.
	Ratio Texto/HTML	Ratio : 0% El ratio entre texto y código HTML de esta página es menor que el 15 por ciento, esto significa que tu web posiblemente necesite más contenido en texto.
	Flash	Perfecto, no se ha detectado contenido Flash en la página.
	Iframe	Genial, no se han detectado Iframes en la página.

Enlaces SEO

	Reescritura URL	Bien. Tus enlaces parecen amigables
	Guiones bajos en las URLs	Perfecto! No hemos detectado guiones bajos en tus URLs
	Enlaces en página	Hemos encontrado un total de 73 enlaces incluyendo 0 enlace(s) a ficheros
	Statistics	Enlaces Externos : noFollow 0% Enlaces Externos : Pasando Jugo 0%

Enlaces SEO

Enlaces Internos 100%

Enlaces en página

Ancla	Tipo	Jugo
Skip to content	Interna	Pasando Jugo
Home	Interna	Pasando Jugo
Blog	Interna	Pasando Jugo
Affiliates	Interna	Pasando Jugo
Personalised Plans	Interna	Pasando Jugo
About	Interna	Pasando Jugo
Contact	Interna	Pasando Jugo
A Comprehensive Review of XXL Nutrition Supplements: Finding the Right Supplements for Your Fitness Goals	Interna	Pasando Jugo
When Pleasure Becomes Destructive: Dopamine and the Descent into Addiction	Interna	Pasando Jugo
The Five Foundational Pillars: Creating A Solid Base For A Thriving, Healthy Life – Synergy For Success	Interna	Pasando Jugo
The Five Foundational Pillars: Creating A Solid Base For A Thriving, Healthy Life – Part 5: Relationships	Interna	Pasando Jugo
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The Five Foundational Pillars: Creating a Solid Base for a Thriving, Healthy Life &#8211; Part 1: Sleep	Interna	Pasando Jugo
The Dopamine Advantage: Master Your Motivation and Unlock Your Potential	Interna	Pasando Jugo
Mastering Supplementation: Optimise Your Health, Sleep, and Focus with Science-Backed Strategies	Interna	Pasando Jugo
Introducing FitTrack: Unleashing the Power of Health Data	Interna	Pasando Jugo
Introducing XXL Nutrition: Unleash Your Fitness Potential with	Interna	Pasando Jugo

Enlaces en página

[the Ultimate Supplement Powerhouse](#)

[Introducing Alphalete: Elevating Fitness with Innovation and Community](#)

Interna

Pasando Jugo

[Introducing Eight Sleep: Revolutionizing Sleep Quality with Innovative Products](#)

Interna

Pasando Jugo

[Introducing Check My Body Health: Take Charge of Your Health with Confidence](#)

Interna

Pasando Jugo

[10 Essential Supplements for Fitness: Benefits and Recommendations for Optimal Health and Wellness](#)

Interna

Pasando Jugo

[The Ultimate Guide to Supplements for Joint Health](#)

Interna

Pasando Jugo

[The Top 5 Supplements for Quick Muscle Recovery: A Comprehensive Guide](#)

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[XXL Nutrition Creatine Monohydrate](#)

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[Fitness: Nutrition Plan](#)

Interna

Pasando Jugo

[Personalised Nutrition Plan](#)

Interna

Pasando Jugo

[Personalised Fitness Plan](#)

Interna

Pasando Jugo

[XXL Nutrition Blast! Pre-Workout](#)

Interna

Pasando Jugo

[XXL Nutrition Venom Pre-Workout Drink](#)

Interna

Pasando Jugo

Enlaces en página

XXL Nutrition Black Label Pre-Workout	Interna	Pasando Jugo
XXL Nutrition 30 Day Fat Killer Pack	Interna	Pasando Jugo
XXL Nutrition Women's Fatburner Pack	Interna	Pasando Jugo
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MUAY THAI HEAVY BAG	Interna	Pasando Jugo

Enlaces en página

DUAL STATION BOXING STAND FOR SPEED AND HEAVY BAG	Interna	Pasando Jugo
MUAY THAI SHIELD	Interna	Pasando Jugo
PIVOTING REFLEX TRAINER	Interna	Pasando Jugo
Policy	Interna	Pasando Jugo

Palabras Clave SEO

	Nube de Palabras Clave	
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Consistencia de las Palabras Clave

Palabra Clave (Keyword)	Contenido	Título	Palabras Claves (Keywords)	Descripción	Titulos
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Usabilidad

	Url	Dominio : clickablefitness.com Longitud : 20
	Favicon	Genial, tu web tiene un favicon.
	Imprimibilidad	No hemos encontrado una hoja de estilos CSS para impresión.
	Idioma	Genial. Has declarado el idioma en.
	Dublin Core	Esta página no usa Dublin Core.

Documento

	Tipo de documento (Doctype)	HTML 5
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Documento

	Codificación	Perfecto. Has declarado como codificación UTF-8.
	Validez W3C	Errores : 105 Avisos : 10
	Privacidad de los Emails	Atención! Hemos encontrado por lo menos una dirección de correo electrónico en texto plano. Usa este protector antispam gratuito para ocultarla de los spammers.
	HTML obsoleto	Genial, no hemos detectado ninguna etiqueta HTML obsoleta.
	Consejos de Velocidad	 Excelente, esta web no usa tablas.  Muy mal, tu web está usando estilos embenidos (inline CSS).  Muy mal, tu página web usa demasiados ficheros CSS (más de 4).  Muy mal, tu sitio usa demasiados ficheros JavaScript (más de 6).  Su sitio web se beneficia del tipo de compresión gzip. ¡Perfecto!

Movil

	Optimización Móvil	 Icono para Apple  Etiqueta Meta Viewport  Contenido Flash
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Optimización

	Mapa del sitio XML	No disponible Su sitio web no tiene un mapa del sitio XML. Esto puede traerle problemas. Un mapa del sitio enumera las URL que pueden rastrearse y puede incluir información adicional, como las últimas actualizaciones de su sitio web, la frecuencia de cambios y la importancia de las URL. Esto permite a los motores de búsqueda rastrear el sitio web de una forma más exhaustiva.
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Optimización



Robots.txt

<http://clickablefitness.com/robots.txt>

¡Estupendo! Su sitio web tiene un archivo robots.txt.



Herramientas de
Analítica

¡Perfecto! Su sitio web tiene una herramienta de análisis.



Google Analytics