

Website review opora-onco.ru

Generated on March 29 2025 01:21 AM

The score is 50/100



SEO Content

	Title	Центр психологической поддержки О.П.О.Р.А. Length : 42 Perfect, your title contains between 10 and 70 characters.												
	Description	Центр психологической поддержки О.П.О.Р.А. Length : 42 Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use this free tool to calculate text length.												
	Keywords	Центр психологической поддержки О.П.О.Р.А. Good, your page contains meta keywords.												
	Og Meta Properties	This page does not take advantage of Og Properties. This tags allows social crawler's better structurize your page. Use this free og properties generator to create them.												
	Headings	<table><tr><th>H1</th><th>H2</th><th>H3</th><th>H4</th><th>H5</th><th>H6</th></tr><tr><td>4</td><td>4</td><td>6</td><td>0</td><td>0</td><td>0</td></tr></table> • [H1] БЛАГОТВОРИТЕЛЬНЫЙ ЦЕНТР ПСИХОЛОГИЧЕСКОЙ РЕАБИЛИТАЦИИ • [H1] "ОПОРА" • [H1] • [H1] • [H2] • [H2] Фотогалерея • [H2] Новости • [H2] Мероприятия • [H3] Вебинар для онкопсихологов • [H3] Всемирный день борьбы против рака • [H3] Благодарственное письмо за служение • [H3] Рабочая встреча с психологами-волонтерами • [H3] Всероссийский форум для людей с ревматическими заболеваниями: поддержка и знания на пути к здоровью • [H3] Обучение в Сургуте	H1	H2	H3	H4	H5	H6	4	4	6	0	0	0
H1	H2	H3	H4	H5	H6									
4	4	6	0	0	0									

SEO Content

	Images	We found 20 images on this web page. 20 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.
	Text/HTML Ratio	Ratio : 28% Ideal! This page's ratio of text to HTML code is between 25 and 70 percent.
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	We have detected underscores in your URLs. You should rather use hyphens to optimize your SEO.
	In-page links	We found a total of 27 links including 0 link(s) to files
	Statistics	External Links : noFollow 0% External Links : Passing Juice 3.7% Internal Links 96.3%

In-page links

Anchor	Type	Juice
Карта сайта	Internal	Passing Juice
Главная	Internal	Passing Juice
О нас	Internal	Passing Juice
Правила участия	Internal	Passing Juice

In-page links

Информация психологу	Internal	Passing Juice
Наши новости	Internal	Passing Juice
Новости медицины	Internal	Passing Juice
Мероприятия	Internal	Passing Juice
Календарь событий	Internal	Passing Juice
Достижения	Internal	Passing Juice
Руководство	Internal	Passing Juice
Обучение	Internal	Passing Juice
Партнёры	Internal	Passing Juice
Волонтерство	Internal	Passing Juice
Военная психология	Internal	Passing Juice
Наши психологи-реабилитологи	Internal	Passing Juice
Групповые встречи	Internal	Passing Juice
Контакты	Internal	Passing Juice
Фотогалерея	Internal	Passing Juice
Онкопсихологи ОПОРЫ в Сколково	Internal	Passing Juice
Вебинар для онкопсихологов	Internal	Passing Juice
Всемирный день борьбы против рака	Internal	Passing Juice
Благодарственное письмо за служение	Internal	Passing Juice
Рабочая встреча с психологами-волонтерами	Internal	Passing Juice
Всероссийский форум для людей с ревматическими заболеваниями: поддержка и знания на пути к здоровью	Internal	Passing Juice
Обучение в Сургуте	Internal	Passing Juice
Радио ДИАЛОГ	External	Passing Juice

SEO Keywords



Keywords Cloud

психологической февраля рака
событий центр обучение борьбы

SEO Keywords

мероприятия для новостей

Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
февраля	5	✗	✗	✗	✗
для	4	✗	✗	✗	✓
новости	4	✗	✗	✗	✓
борьбы	3	✗	✗	✗	✓
мероприятия	3	✗	✗	✗	✓

Usability

	Url	Domain : opora-onco.ru Length : 13
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	You have not specified the language. Use this free meta tags generator to declare the intended language of your website.
	Dublin Core	This page does not take advantage of Dublin Core.

Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is WINDOWS-1251.
	W3C Validity	Errors : 56

Document

		Warnings : 16				
	Email Privacy	Warning! At least one email address has been found in the plain text. Use free antispam protector to hide email from spammers.				
	Deprecated HTML	<table><tr><th>Deprecated tags</th><th>Occurrences</th></tr><tr><td></td><td>16</td></tr></table> Deprecated HTML tags are HTML tags that are no longer used. It is recommended that you remove or replace these HTML tags because they are now obsolete.	Deprecated tags	Occurrences		16
Deprecated tags	Occurrences					
	16					
	Speed Tips	 Excellent, your website doesn't use nested tables.  Too bad, your website is using inline styles.  Too bad, your website has too many CSS files (more than 4).  Perfect, your website has few JavaScript files.  Perfect, your website takes advantage of gzip.				

Mobile

	Mobile Optimization	 Apple Icon  Meta Viewport Tag  Flash content
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Optimization

	XML Sitemap	Great, your website has an XML sitemap. http://tvshkola.ru/sitemap_000.xml
	Robots.txt	http://opora-onco.ru/robots.txt Great, your website has a robots.txt file.
	Analytics	Great, your website has an analytics tool.  Google Analytics

Optimization



LiveInternet