



Website review onlineptn.com

Generated on March 24 2025 13:59 PM

The score is 42/100



SEO Content

|  | Title | <p>What We Offer</p> <p>Length : 13</p> <p>Perfect, your title contains between 10 and 70 characters.</p> | | | | | | | | | | | | |
|--|------------------------|--|----------|---------|-----|------------------------|------|---------|----|---|---|---|---|---|
|  | Description | <p>Length : 0</p> <p>Very bad. We haven't found meta description on your page. Use this free online meta tags generator to create description.</p> | | | | | | | | | | | | |
|  | Keywords | <p>Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.</p> | | | | | | | | | | | | |
|  | Og Meta Properties | <p>Good, your page take advantage of Og Properties.</p> <table border="1" data-bbox="544 1249 1481 1496"> <thead> <tr> <th>Property</th> <th>Content</th> </tr> </thead> <tbody> <tr> <td>url</td> <td>https://onlineptn.com/</td> </tr> <tr> <td>type</td> <td>website</td> </tr> </tbody> </table> | Property | Content | url | https://onlineptn.com/ | type | website | | | | | | |
| Property | Content | | | | | | | | | | | | | |
| url | https://onlineptn.com/ | | | | | | | | | | | | | |
| type | website | | | | | | | | | | | | | |
|  | Headings | <table border="1" data-bbox="544 1525 1481 1601"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>14</td> <td>5</td> <td>7</td> <td>0</td> <td>2</td> <td>0</td> </tr> </tbody> </table> <ul data-bbox="614 1630 1289 2063" style="list-style-type: none"> • [H1] Grow Your Online Business • [H1] 4 Weeks To Launch • [H1] The Web Is Your New Equipment • [H1] Step #1 • [H1] A Branded Site • [H1] step #2Grow Your Client List • [H1] Step #3 • [H1] Setup your Client workout • [H1] step #4 • [H1] Support clients and launch new campaigns • [H1] • [H1] Step #5 • [H1] Sell Online Packages for Training | H1 | H2 | H3 | H4 | H5 | H6 | 14 | 5 | 7 | 0 | 2 | 0 |
| H1 | H2 | H3 | H4 | H5 | H6 | | | | | | | | | |
| 14 | 5 | 7 | 0 | 2 | 0 | | | | | | | | | |

SEO Content

| | | |
|---|-----------------|--|
| | | <ul style="list-style-type: none">• [H1] step #6Learn More• [H2] ONLINE PTN• [H2] Website + Coaching + Strategies• [H2] Get up and running in 4 weeks with our program• [H2] Providing Fitness and Health Professionals A Turnkey Revenue System• [H2] HOW IT WORKS• [H3]• [H3] Access 2020 CPTN Survey for Online Services• [H3]• [H3] Register to find out more about our 4 week course program• [H3]• [H3] Find out more on how we can help you. We work with you to create your first online campaign and then teach you how to run this turnkey platform.• [H3] Simply send us a note to schedule a free walkthrough session• [H5] A powerful and customizable proven platform• [H5] You're used to training at the gym with your clients. Now you are getting used to training online. |
|  | Images | We found 31 images on this web page. 25 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images. |
|  | Text/HTML Ratio | Ratio : 0% This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content. |
|  | Flash | Perfect, no Flash content has been detected on this page. |
|  | Iframe | Too Bad, you have Iframes on the web pages, this mean that content in an Iframe cannot be indexed. |

SEO Links

| | | |
|---|-------------------------|--|
|  | URL Rewrite | Good. Your links looks friendly! |
|  | Underscores in the URLs | Perfect! No underscores detected in your URLs. |
|  | In-page links | We found a total of 2 links including 0 link(s) to files |

SEO Links

| | | |
|--|------------|-----------------------------------|
|  | Statistics | External Links : noFollow 0% |
| | | External Links : Passing Juice 0% |
| | | Internal Links 100% |

In-page links

| Anchor | Type | Juice |
|------------------------------------|----------|---------------|
| Schedule A Session | Internal | Passing Juice |
| Try another image | Internal | Passing Juice |

SEO Keywords

| | | |
|--|----------------|--|
|  | Keywords Cloud | |
|--|----------------|--|

Keywords Consistency

| Keyword | Content | Title | Keywords | Description | Headings |
|---------|---------|-------|----------|-------------|----------|
|---------|---------|-------|----------|-------------|----------|

Usability

| | | |
|--|--------------|---|
|  | Url | Domain : onlineptn.com Length : 13 |
|  | Favicon | Great, your website has a favicon. |
|  | Printability | We could not find a Print-Friendly CSS. |
|  | Language | Good. Your declared language is en. |
|  | Dublin Core | This page does not take advantage of Dublin Core. |

Usability

Document

| | | |
|--|-----------------|---|
|  | Doctype | HTML 5 |
|  | Encoding | Perfect. Your declared charset is UTF-8. |
|  | W3C Validity | Errors : 116 Warnings : 71 |
|  | Email Privacy | Great no email address has been found in plain text! |
|  | Deprecated HTML | Great! We haven't found deprecated HTML tags in your HTML. |
|  | Speed Tips | <ul style="list-style-type: none"> Excellent, your website doesn't use nested tables. Too bad, your website is using inline styles. Too bad, your website has too many CSS files (more than 4). Too bad, your website has too many JS files (more than 6). Perfect, your website takes advantage of gzip. |

Mobile

| | | |
|--|---------------------|--|
|  | Mobile Optimization | <ul style="list-style-type: none"> Apple Icon Meta Viewport Tag Flash content |
|--|---------------------|--|

Optimization

| | | |
|--|-------------|--|
|  | XML Sitemap | Great, your website has an XML sitemap. https://onlineptn.com/sitemap.xml |
| | Robots.txt | http://onlineptn.com/robots.txt |

Optimization

| | | |
|--|-----------|---|
|  | | Great, your website has a robots.txt file. |
|  | Analytics | <p>Missing</p> <p>We didn't detect an analytics tool installed on this website.</p> <p>Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.</p> |