








Website review onlineptn.com

Generated on March 24 2025 13:59 PM


The score is 42/100






SEO Content

|  | Title | What We Offer Length : 13 Perfect, your title contains between 10 and 70 characters. | | | | | | | | | | | | |
|--|------------------------|--|----------|---------|-----|------------------------|------|---------|----|---|---|---|---|---|
|  | Description | Length : 0 Very bad. We haven't found meta description on your page. Use this free online meta tags generator to create description. | | | | | | | | | | | | |
|  | Keywords | Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords. | | | | | | | | | | | | |
|  | Og Meta Properties | Good, your page take advantage of Og Properties. <table><tr><th>Property</th><th>Content</th></tr><tr><td>url</td><td>https://onlineptn.com/</td></tr><tr><td>type</td><td>website</td></tr></table> | Property | Content | url | https://onlineptn.com/ | type | website | | | | | | |
| Property | Content | | | | | | | | | | | | | |
| url | https://onlineptn.com/ | | | | | | | | | | | | | |
| type | website | | | | | | | | | | | | | |
|  | Headings | <table><tr><th>H1</th><th>H2</th><th>H3</th><th>H4</th><th>H5</th><th>H6</th></tr><tr><td>14</td><td>5</td><td>7</td><td>0</td><td>2</td><td>0</td></tr></table> <ul style="list-style-type: none">• [H1] Grow Your Online Business• [H1] 4 Weeks To Launch• [H1] The Web Is Your New Equipment• [H1] Step #1• [H1] A Branded Site• [H1] step #2Grow Your Client List• [H1] Step #3• [H1] Setup your Client workout• [H1] step #4• [H1] Support clients and launch new campaigns• [H1]• [H1] Step #5• [H1] Sell Online Packages for Training | H1 | H2 | H3 | H4 | H5 | H6 | 14 | 5 | 7 | 0 | 2 | 0 |
| H1 | H2 | H3 | H4 | H5 | H6 | | | | | | | | | |
| 14 | 5 | 7 | 0 | 2 | 0 | | | | | | | | | |


SEO Content

| | | |
|---|-----------------|--|
| | | <ul style="list-style-type: none"> • [H1] step #6Learn More • [H2] ONLINE PTN • [H2] Website + Coaching + Strategies • [H2] Get up and running in 4 weeks with our program • [H2] Providing Fitness and Health Professionals A Turnkey Revenue System • [H2] HOW IT WORKS • [H3] • [H3] Access 2020 CPTN Survey for Online Services • [H3] • [H3] Register to find out more about our 4 week course program • [H3] • [H3] Find out more on how we can help you. We work with you to create your first online campaign and then teach you how to run this turnkey platform. • [H3] Simply send us a note to schedule a free walkthrough session • [H5] A powerful and customizable proven platform • [H5] You're used to training at the gym with your clients. Now you are getting used to training online. |
|  | Images | <p>We found 31 images on this web page.</p> <p>25 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p> |
|  | Text/HTML Ratio | <p>Ratio : 0%</p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p> |
|  | Flash | <p>Perfect, no Flash content has been detected on this page.</p> |
|  | Iframe | <p>Too Bad, you have Iframes on the web pages, this mean that content in an Iframe cannot be indexed.</p> |

SEO Links

| | | |
|---|-------------------------|---|
|  | URL Rewrite | <p>Good. Your links looks friendly!</p> |
|  | Underscores in the URLs | <p>Perfect! No underscores detected in your URLs.</p> |
|  | In-page links | <p>We found a total of 2 links including 0 link(s) to files</p> |


SEO Links

| | | |
|--|------------|-----------------------------------|
|  | Statistics | External Links : noFollow 0% |
| | | External Links : Passing Juice 0% |
| | | Internal Links 100% |

In-page links

| Anchor | Type | Juice |
|------------------------------------|----------|---------------|
| Schedule A Session | Internal | Passing Juice |
| Try another image | Internal | Passing Juice |






SEO Keywords

| | | |
|--|----------------|--|
|  | Keywords Cloud | |
|--|----------------|--|

Keywords Consistency












| Keyword | Content | Title | Keywords | Description | Headings |
|---------|---------|-------|----------|-------------|----------|
|---------|---------|-------|----------|-------------|----------|

Usability





| | | |
|--|--------------|---|
|  | Url | Domain : onlineptn.com Length : 13 |
|  | Favicon | Great, your website has a favicon. |
|  | Printability | We could not find a Print-Friendly CSS. |
|  | Language | Good. Your declared language is en. |
|  | Dublin Core | This page does not take advantage of Dublin Core. |

Usability


Document

| | | |
|--|-----------------|---|
|  | Doctype | HTML 5 |
|  | Encoding | Perfect. Your declared charset is UTF-8. |
|  | W3C Validity | Errors : 116 Warnings : 71 |
|  | Email Privacy | Great no email address has been found in plain text! |
|  | Deprecated HTML | Great! We haven't found deprecated HTML tags in your HTML. |
|  | Speed Tips | <div><div> Excellent, your website doesn't use nested tables.</div><div> Too bad, your website is using inline styles.</div><div> Too bad, your website has too many CSS files (more than 4).</div><div> Too bad, your website has too many JS files (more than 6).</div><div> Perfect, your website takes advantage of gzip.</div></div> |



Mobile

| | | |
|--|---------------------|--|
|  | Mobile Optimization | <div><div> Apple Icon</div><div> Meta Viewport Tag</div><div> Flash content</div></div> |
|--|---------------------|--|

Optimization

| | | |
|--|-------------|---|
|  | XML Sitemap | Great, your website has an XML sitemap. <div>https://onlineptn.com/sitemap.xml</div> |
| | Robots.txt | http://onlineptn.com/robots.txt |

Optimization

| | | |
|--|-----------|---|
|  | | Great, your website has a robots.txt file. |
|  | Analytics | <p>Missing</p> <p>We didn't detect an analytics tool installed on this website.</p> <p>Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.</p> |