







# Website review gamblingtherapy.org

Generated on March 31 2025 23:13 PM






The score is 51/100







## SEO Content

	Title	<p>Gambling Therapy - Practical advice and support for problem gambling</p> <p><b>Length : 68</b></p> <p>Perfect, your title contains between 10 and 70 characters.</p>																		
	Description	<p>Gambling Therapy is a global service offering free practical advice and emotional support to anyone affected by problem gambling.</p> <p><b>Length : 129</b></p> <p>Great, your meta description contains between 70 and 160 characters.</p>																		
	Keywords	<p>Very bad. We haven't found meta keywords on your page. Use <a href="#">this free online meta tags generator</a> to create keywords.</p>																		
	Og Meta Properties	<p>Good, your page take advantage of Og Properties.</p> <table><thead><tr><th>Property</th><th>Content</th></tr></thead><tbody><tr><td>locale</td><td>en_US</td></tr><tr><td>type</td><td>website</td></tr><tr><td>title</td><td>Gambling Therapy - Practical advice and support for problem gambling</td></tr><tr><td>description</td><td>Gambling Therapy is a global service offering free practical advice and emotional support to anyone affected by problem gambling.</td></tr><tr><td>url</td><td>https://www.gamblingtherapy.org/</td></tr><tr><td>site_name</td><td>Gambling Therapy</td></tr><tr><td>image</td><td>https://www.gamblingtherapy.org/wp-content/uploads/2020/07/linkedin-sales-navigator-402862-unsplash.jpg</td></tr><tr><td>image:width</td><td>1400</td></tr></tbody></table>	Property	Content	locale	en_US	type	website	title	Gambling Therapy - Practical advice and support for problem gambling	description	Gambling Therapy is a global service offering free practical advice and emotional support to anyone affected by problem gambling.	url	https://www.gamblingtherapy.org/	site_name	Gambling Therapy	image	https://www.gamblingtherapy.org/wp-content/uploads/2020/07/linkedin-sales-navigator-402862-unsplash.jpg	image:width	1400
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## SEO Content

		<div>image:height602</div> <div>image:typeimage/jpeg</div>
	Headings	<div> <div> <div>H10</div> <div>H210</div> <div>H33</div> <div>H44</div> <div>H52</div> <div>H60</div> </div> <ul style="list-style-type: none"> <li>• [H2] Providing online help forproblem gamblers</li> <li>• [H2] Providing online help forproblem gamblers</li> <li>• [H2] What is problem gambling?</li> <li>• [H2] What is problem gambling?</li> <li>• [H2] Do I have a gambling problem?</li> <li>• [H2] Do I have a gambling problem?</li> <li>• [H2] Affected by someone else's gambling?</li> <li>• [H2] Affected by someone else's gambling?</li> <li>• [H2] Looking for Support?</li> <li>• [H2] Self Help &amp; Resources</li> <li>• [H3] Gaming</li> <li>• [H3] Friends and Family</li> <li>• [H3] Multilingual Forums</li> <li>• [H4] A global service offered by Gordon Moody, providing free practical advice and emotional support to anyone affected by gambling</li> <li>• [H4] Find out more about problem gambling, how it starts and why it can be hard to stop.</li> <li>• [H4] Take a short, confidential quiz to help you consider the different ways gambling may be affecting your life.</li> <li>• [H4] It is common for friends, family and work colleagues to feel the impact of someone's problem gambling.</li> <li>• [H5] Email</li> <li>• [H5] Social</li> </ul> </div>
	Images	<p>We found 86 images on this web page.</p> <p>73 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>
	Text/HTML Ratio	<p>Ratio : <b>9%</b></p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p>
	Flash	<p>Perfect, no Flash content has been detected on this page.</p>
	Iframe	<p>Great, there are no Iframes detected on this page.</p>

## SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	We have detected underscores in your URLs. You should rather use hyphens to optimize your SEO.
	In-page links	We found a total of 33 links including 0 link(s) to files
	Statistics	<p>External Links : noFollow 0%</p> <p>External Links : Passing Juice 9.09%</p> <p>Internal Links 90.91%</p>


## In-page links

Anchor	Type	Juice
<a href="#">Skip to the content</a>	Internal	Passing Juice
=	Internal	Passing Juice
<a href="#">Support</a>	Internal	Passing Juice
<a href="#">Support Forums</a>	Internal	Passing Juice
<a href="#">Support for gamers</a>	Internal	Passing Juice
<a href="#">Where can I get help?</a>	Internal	Passing Juice
<a href="#">Information</a>	Internal	Passing Juice
<a href="#">Do I have a gambling problem?</a>	Internal	Passing Juice
<a href="#">What is Problem Gambling?</a>	Internal	Passing Juice
<a href="#">How can gambling affect me?</a>	Internal	Passing Juice
<a href="#">How do I stop the urge to gamble?</a>	Internal	Passing Juice
<a href="#">How do I manage relapse?</a>	Internal	Passing Juice
<a href="#">How do I block gambling sites?</a>	Internal	Passing Juice
<a href="#">Behavioural Addictions</a>	Internal	Passing Juice
<a href="#">Affected Others</a>	Internal	Passing Juice
<a href="#">Can someone else's gambling affect me?</a>	Internal	Passing Juice

## In-page links

<a href="#">How do I know if someone has a gambling problem?</a>	Internal	Passing Juice
<a href="#">Live support for affected others</a>	Internal	Passing Juice
<a href="#">About Us</a>	Internal	Passing Juice
<a href="#">Gordon Moody</a>	Internal	Passing Juice
<a href="#">What is Gambling Therapy</a>	Internal	Passing Juice
<a href="#">Support our work</a>	Internal	Passing Juice
<a href="#">Contact Us</a>	Internal	Passing Juice
<a href="#">Tweets by GordonMoodyOrg</a>	External	Passing Juice
<a href="#">Login</a>	Internal	Passing Juice
<a href="#">Therapy for Gambling Addiction Privacy Policy</a>	Internal	Passing Juice
<a href="#">Therapy for Gambling Addiction Terms and Conditions</a>	Internal	Passing Juice
<a href="#">Administer Your GT Account</a>	Internal	Passing Juice
<a href="#">Canadian Centre on Substance Abuse</a>	External	Passing Juice
<a href="#">Privacy Policy</a>	Internal	Passing Juice
<a href="#">Terms &amp; Conditions</a>	Internal	Passing Juice
<a href="#">Site by Clarity Creation</a>	External	Passing Juice
<a href="#">Ok</a>	Internal	Passing Juice

## SEO Keywords

	Keywords Cloud	<p>bokmål gambling nederlands menu</p> <p>indonesian support affected latvian</p> <p>português portuguese</p>
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## Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
gambling	6	✓	✗	✓	✓
menu	4	✗	✗	✗	✗









## Keywords Consistency

português	4	✖	✖	✖	✖
portuguese	4	✖	✖	✖	✖
bokmål	4	✖	✖	✖	✖

## Usability

	Url	Domain : gamblingtherapy.org Length : 19
	Favicon	Great, your website has a favicon.
	Printability	Great. We have found a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.

## Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 7 Warnings : 9
	Email Privacy	Warning! At least one email address has been found in the plain text. Use <a href="#">free antispam protector</a> to hide email from spammers.
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<div>  Excellent, your website doesn't use nested tables.         </div> <div>  Too bad, your website is using inline styles.         </div>

## Document

- ❌ Too bad, your website has too many CSS files (more than 4).
- ❌ Too bad, your website has too many JS files (more than 6).
- ✅ Perfect, your website takes advantage of gzip.

## Mobile



### Mobile Optimization

- ✅ Apple Icon
- ✅ Meta Viewport Tag
- ✅ Flash content

## Optimization



### XML Sitemap

Great, your website has an XML sitemap.

[https://www.gamblingtherapy.org/sitemap\\_index.xml](https://www.gamblingtherapy.org/sitemap_index.xml)  
[https://www.gamblingtherapy.org/je/sitemap\\_index.xml](https://www.gamblingtherapy.org/je/sitemap_index.xml)



### Robots.txt

<http://gamblingtherapy.org/robots.txt>

Great, your website has a robots.txt file.



### Analytics

Great, your website has an analytics tool.



Google Analytics