Website review
cptntrainer.com

Generated on March 31 2025 21:13 PM

The score is 48/100

SEO Content

✅	Title	CPTN Trainer Online **Length : 19** Perfect, your title contains between 10 and 70 characters.
⚠️	Description	Page description **Length : 16** Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use this free tool to calculate text length.
✅	Keywords	Important keywords Good, your page contains meta keywords.
✅	Og Meta Properties	Good, your page take advantage of Og Properties.

Property	Content
url	https://cptntrainer.com/
type	website

⚪	Headings	**H1** 1	**H2** 0	**H3** 0	**H4** 0	**H5** 0	**H6** 0

- [H1] DARE to be EXCELLENT!

❌	Images	We found 17 images on this web page. 16 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.
❌	Text/HTML Ratio	Ratio : **3%** This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.

SEO Content

✓	Flash	Perfect, no Flash content has been detected on this page.
✓	Iframe	Great, there are no Iframes detected on this page.

SEO Links

✓	URL Rewrite	Good. Your links looks friendly!
✓	Underscores in the URLs	Perfect! No underscores detected in your URLs.
✓	In-page links	We found a total of 5 links including 0 link(s) to files
○	Statistics	External Links : noFollow 0% External Links : Passing Juice 0% Internal Links 100%

In-page links

Anchor	Type	Juice
-	Internal	Passing Juice
Menu	Internal	Passing Juice
Home	Internal	Passing Juice
Login	Internal	Passing Juice
Blog	Internal	Passing Juice

SEO Keywords

○	Keywords Cloud	education all cptn certification online professional personal trainer

SEO Keywords

info leadership

Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
certification	3	✖	✖	✖	✖
online	3	✔	✖	✖	✖
education	3	✖	✖	✖	✖
personal	2	✖	✖	✖	✖
professional	2	✖	✖	✖	✖

Usability

	Url	Domain : cptntrainer.com Length : 15
✔	Favicon	Great, your website has a favicon.
✖	Printability	We could not find a Print-Friendly CSS.
✔	Language	Good. Your declared language is en.
✖	Dublin Core	This page does not take advantage of Dublin Core.

Document

	Doctype	HTML 5
✔	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 36 Warnings : 43

Document

❌		
✅	Email Privacy	Great no email address has been found in plain text!

❌	Deprecated HTML	**Deprecated tags** / **Occurrences**

Deprecated tags	Occurrences
<u>	5

Deprecated HTML tags are HTML tags that are no longer used. It is recommended that you remove or replace these HTML tags because they are now obsolete.

Speed Tips

✅ Excellent, your website doesn't use nested tables.

✖ Too bad, your website is using inline styles.

✖ Too bad, your website has too many CSS files (more than 4).

✖ Too bad, your website has too many JS files (more than 6).

✅ Perfect, your website takes advantage of gzip.

Mobile

Mobile Optimization

✖ Apple Icon

✅ Meta Viewport Tag

✅ Flash content

Optimization

✅	XML Sitemap	Great, your website has an XML sitemap.

https://cptntrainer.com/sitemap.xml

✅	Robots.txt	http://cptntrainer.com/robots.txt

Great, your website has a robots.txt file.

❌	Analytics	Missing

We didn't detect an analytics tool installed on this website.

Web analytics let you measure visitor activity on your website. You

Optimization

		should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.