







Website review clickablefitness.com

Generated on March 30 2025 16:13 PM

The score is 50/100



SEO Content

	Title	Clickable Fitness Home - Clickable Fitness Length : 42 Perfect, your title contains between 10 and 70 characters.																		
	Description	Clickable Fitness Home - The ultimate destination for accurate and evidence-based health and fitness information. We make fitness simple. Length : 137 Great, your meta description contains between 70 and 160 characters.																		
	Keywords	Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.																		
	Og Meta Properties	Good, your page take advantage of Og Properties. <table><thead><tr><th>Property</th><th>Content</th></tr></thead><tbody><tr><td>locale</td><td>en_US</td></tr><tr><td>type</td><td>website</td></tr><tr><td>title</td><td>Clickable Fitness Home - Clickable Fitness</td></tr><tr><td>description</td><td>Clickable Fitness Home - The ultimate destination for accurate and evidence-based health and fitness information. We make fitness simple.</td></tr><tr><td>url</td><td>https://www.clickablefitness.com/</td></tr><tr><td>site_name</td><td>Clickable Fitness</td></tr><tr><td>updated_time</td><td>2023-05-13T11:12:19+00:00</td></tr><tr><td>image</td><td>https://www.clickablefitness.com/wp-content/uploads/2022/12/Clickable-Fitness-1-8.png</td></tr></tbody></table>	Property	Content	locale	en_US	type	website	title	Clickable Fitness Home - Clickable Fitness	description	Clickable Fitness Home - The ultimate destination for accurate and evidence-based health and fitness information. We make fitness simple.	url	https://www.clickablefitness.com/	site_name	Clickable Fitness	updated_time	2023-05-13T11:12:19+00:00	image	https://www.clickablefitness.com/wp-content/uploads/2022/12/Clickable-Fitness-1-8.png
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SEO Content

image:secure_url	https://www.clickablefitness.com/wp-content/uploads/2022/12/Clickable-Fitness-1-8.png
image:width	1080
image:height	1080
image:alt	Clickable Fitness Home
image:type	image/png





Headings

H1	H2	H3	H4	H5	H6
66	4	6	4	3	1
<ul style="list-style-type: none">• [H1] HOME• [H1] A Comprehensive Review of XXL Nutrition Supplements: Finding the Right Supplements for Your Fitness Goals• [H1] When Pleasure Becomes Destructive: Dopamine and the Descent into Addiction• [H1] The Five Foundational Pillars: Creating A Solid Base For A Thriving, Healthy Life – Synergy For Success• [H1] The Five Foundational Pillars: Creating A Solid Base For A Thriving, Healthy Life – Part 5: Relationships• [H1] The Five Foundational Pillars: Creating A Solid Base For A Thriving, Healthy Life – Part 4: Light Exposure• [H1] The Five Foundational Pillars: Creating A Solid Base For A Thriving, Healthy Life – Part 3: Exercise• [H1] The Five Foundational Pillars: Creating A Solid Base For A Thriving, Healthy Life – Part 2: Nutrition• [H1] The Five Foundational Pillars: Creating a Solid Base for a Thriving, Healthy Life – Part 1: Sleep• [H1] The Dopamine Advantage: Master Your Motivation and Unlock Your Potential• [H1] Mastering Supplementation: Optimise Your Health, Sleep, and Focus with Science-Backed Strategies• [H1] Introducing FitTrack: Unleashing the Power of Health Data• [H1] Introducing XXL Nutrition: Unleash Your Fitness Potential with the Ultimate Supplement Powerhouse• [H1] Introducing Alphalete: Elevating Fitness with Innovation and Community• [H1] Introducing Eight Sleep: Revolutionizing Sleep Quality with Innovative Products• [H1] Introducing Check My Body Health: Take Charge of Your Health with Confidence• [H1] 10 Essential Supplements for Fitness: Benefits and Recommendations for Optimal Health and Wellness• [H1] The Ultimate Guide to Supplements for Joint Health• [H1] The Top 5 Supplements for Quick Muscle Recovery: A Comprehensive Guide• [H1] Introducing What's Supplements – High Quality and Affordable Supplements• [H1] Introducing TITAN – Elevate Your Home-Gym Experience• [H1] Introducing Momentous – The Science-Backed Performance and Health Solution for High-Achievers.• [H1] Sleep 101: A Guide For Optimizing Your Sleep					





SEO Content

- [H1] 10 Must-Have Pieces of Equipment for Building a Comprehensive Home Gym.
- [H1] AG1: The Comprehensive Nutritional Solution for Whole-Body Health
- [H1] Introducing Clickable Fitness: The Number 1 Tool for Cutting Through the Noise and Unleashing Your Potential
- [H1] XXL Nutrition Creatine + HMB Stack
- [H1] XXL Nutrition Creatine Caps 1250mg
- [H1] XXL Nutrition Muscle Grow 2000grams
- [H1] XXL Nutrition Creatine Monohydrate
- [H1] Fitness & Nutrition Plan
- [H1] Personalised Nutrition Plan
- [H1] Personalised Fitness Plan
- [H1] XXL Nutrition Blast! Pre-Workout
- [H1] XXL Nutrition Venom Pre-Workout Drink
- [H1] XXL Nutrition Black Label Pre-Workout
- [H1] XXL Nutrition 30 Day Fat Killer Pack
- [H1] XXL Nutrition Women's Fatburner Pack
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- [H1] XXL Nutrition Fat Metabolic Support Powder
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- [H1] XXL Nutrition Women's Fat Metabolic Support
- [H1] XXL Nutrition Light Sauce
- [H1] XXL Nutrition Diet Shake
- [H1] T-2 SERIES ROLLER J-HOOKS
- [H1] T-2 SERIES SANDWICH J-HOOKS
- [H1] T-2 SERIES LAT TOWER POWER RACK ATTACHMENT
- [H1] TITAN SERIES 24-IN EXTENSION KIT
- [H1] X-3 SERIES BOLT DOWN EXTENSION KIT
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- [H1] T-3 SERIES FOLDING POWER RACK
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- [H1] T-3 SERIES EXTENSION KIT
- [H1] T-2 SERIES 10-IN EXTENSION KIT
- [H1] SEATED STATIONARY BENCH
- [H1] POWER STRIKE PUNCHING BAG
- [H1] POWER RACK MOUNTED ADJUSTABLE SPEED BAG PLATFORM
- [H1] MUAY THAI HEAVY BAG
- [H1] DUAL STATION BOXING STAND FOR SPEED AND HEAVY BAG
- [H1] MUAY THAI SHIELD
- [H1] PIVOTING REFLEX TRAINER
- [H2] Companies that we trust
- [H2] Join Thousands Of Success Stories Worldwide
- [H2] Providing A Healthy, Happy And Confident Lifestyle For All
- [H2] What To Expect From Clickable Fitness
- [H3] official Partners
- [H3] Reviews
- [H3] About Us
- [H3] WHAT YOU GET

SEO Content

		<ul style="list-style-type: none">• [H3] Sign Up• [H3] Take control of your health and fitness journey with Clickable Fitness• [H4] Recent Articles• [H4] Newsletter• [H4] Your Personalized Path to Peak Performance!• [H4] Recent Products• [H5] Take a stroll through Clickable Fitness blogs and enjoy the rich content we offer you. Read articles on a variety of topics. Keep up with current events and information.• [H5] Join the Clickable Fitness revolution! Get expert advice, tailored workouts, and special offers. Elevate your fitness journey and be your best self. Subscribe now – don't miss out!• [H5] Our filter system ensures that all information, products, and partnerships recommended on our platform align with our mission and provide accurate and evidence-based information. Here are some of the newest additions.• [H6] we make fitness simple.
	Images	We found 72 images on this web page. Good, most or all of your images have alt attributes.
	Text/HTML Ratio	Ratio : 0% This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 73 links including 0 link(s) to files
	Statistics	External Links : noFollow 0% External Links : Passing Juice 0%

SEO Links

Internal Links 100%

In-page links

Anchor	Type	Juice
Skip to content	Internal	Passing Juice
Home	Internal	Passing Juice
Blog	Internal	Passing Juice
Affiliates	Internal	Passing Juice
Personalised Plans	Internal	Passing Juice
About	Internal	Passing Juice
Contact	Internal	Passing Juice
A Comprehensive Review of XXL Nutrition Supplements: Finding the Right Supplements for Your Fitness Goals	Internal	Passing Juice
When Pleasure Becomes Destructive: Dopamine and the Descent into Addiction	Internal	Passing Juice
The Five Foundational Pillars: Creating A Solid Base For A Thriving, Healthy Life – Synergy For Success	Internal	Passing Juice
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Introducing FitTrack: Unleashing the Power of Health Data	Internal	Passing Juice
Introducing XXL Nutrition: Unleash Your Fitness Potential with the Ultimate Supplement Powerhouse	Internal	Passing Juice

In-page links

Introducing Alphalete: Elevating Fitness with Innovation and Community	Internal	Passing Juice
Introducing Eight Sleep: Revolutionizing Sleep Quality with Innovative Products	Internal	Passing Juice
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MUAY THAI HEAVY BAG	Internal	Passing Juice
DUAL STATION BOXING STAND FOR SPEED AND HEAVY BAG	Internal	Passing Juice

In-page links

MUAY THAI SHIELD	Internal	Passing Juice
PIVOTING REFLEX TRAINER	Internal	Passing Juice
Policy	Internal	Passing Juice






SEO Keywords

	Keywords Cloud	
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Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
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Usability

	Url	Domain : clickablefitness.com Length : 20
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.





Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.





Document

	W3C Validity	Errors : 105 Warnings : 10
	Email Privacy	Warning! At least one email address has been found in the plain text. Use free antispam protector to hide email from spammers.
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<div> Excellent, your website doesn't use nested tables.</div> <div> Too bad, your website is using inline styles.</div> <div> Too bad, your website has too many CSS files (more than 4).</div> <div> Too bad, your website has too many JS files (more than 6).</div> <div> Perfect, your website takes advantage of gzip.</div>

Mobile

	Mobile Optimization	<div> Apple Icon</div> <div> Meta Viewport Tag</div> <div> Flash content</div>
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Optimization

	XML Sitemap	Missing Your website does not have an XML sitemap - this can be problematic. A sitemap lists URLs that are available for crawling and can include additional information like your site's latest updates, frequency of changes and importance of the URLs. This allows search engines to crawl the site more intelligently.
	Robots.txt	http://clickablefitness.com/robots.txt Great, your website has a robots.txt file.
	Analytics	Great, your website has an analytics tool. <div> Google Analytics</div>