







# Webseite score clickablefitness.com

Genereret Marts 30 2025 16:13 PM

Scoren er 50/100



## SEO Indhold

|    | Titel   | Clickable Fitness Home - Clickable Fitness<br><b>Længde : 42</b><br>Perfekt, din titel indeholder mellem 10 og 70 bogstaver.   |          |         |        |       |      |         |       |  |             |   |     |                                   |           |                   |              |                           |       |   |
|--|---|--|----------|---------|--------|-------|------|---------|-------|--|-------------|---|-----|-----------------------------------|-----------|-------------------|--------------|---------------------------|-------|---|
|    | Beskrivelse   | Clickable Fitness Home - The ultimate destination for accurate and evidence-based health and fitness information. We make fitness simple.<br><b>Længde : 137</b><br>Perfekt, din meta beskrivelse indeholder mellem 70 og 160 karakterer.  |          |         |        |       |      |         |       |  |             |   |     |                                   |           |                   |              |                           |       |   |
|  | Nøgleord  | Dårligt! Vi kan ikke finde nogle meta nøgleord på din side! Brug <a href="#">denne gratis online meta generator</a> for at oprette nye nøgleord.   |          |         |        |       |      |         |       |  |             |   |     |                                   |           |                   |              |                           |       |   |
|  | Og Meta Egenskaber  | Godt, din side benytter Og egenskaberne<br><table><thead><tr><th>Egenskab</th><th>Indhold</th></tr></thead><tbody><tr><td>locale</td><td>en_US</td></tr><tr><td>type</td><td>website</td></tr><tr><td>title</td><td>Clickable Fitness Home - Clickable Fitness</td></tr><tr><td>description</td><td>Clickable Fitness Home - The ultimate destination for accurate and evidence-based health and fitness information. We make fitness simple.</td></tr><tr><td>url</td><td>https://www.clickablefitness.com/</td></tr><tr><td>site_name</td><td>Clickable Fitness</td></tr><tr><td>updated_time</td><td>2023-05-13T11:12:19+00:00</td></tr><tr><td>image</td><td>https://www.clickablefitness.com/wp-content/uploads/2022/12/Clickable-Fitness-1-8.png</td></tr></tbody></table> | Egenskab | Indhold | locale | en_US | type | website | title | Clickable Fitness Home - Clickable Fitness | description | Clickable Fitness Home - The ultimate destination for accurate and evidence-based health and fitness information. We make fitness simple. | url | https://www.clickablefitness.com/ | site_name | Clickable Fitness | updated_time | 2023-05-13T11:12:19+00:00 | image | https://www.clickablefitness.com/wp-content/uploads/2022/12/Clickable-Fitness-1-8.png |
| Egenskab   | Indhold   |  |          |         |        |       |      |         |       |  |             |   |     |                                   |           |                   |              |                           |       |   |
| locale   | en_US   |  |          |         |        |       |      |         |       |  |             |   |     |                                   |           |                   |              |                           |       |   |
| type   | website   |  |          |         |        |       |      |         |       |  |             |   |     |                                   |           |                   |              |                           |       |   |
| title  | Clickable Fitness Home - Clickable Fitness  |  |          |         |        |       |      |         |       |  |             |   |     |                                   |           |                   |              |                           |       |   |
| description  | Clickable Fitness Home - The ultimate destination for accurate and evidence-based health and fitness information. We make fitness simple. |  |          |         |        |       |      |         |       |  |             |   |     |                                   |           |                   |              |                           |       |   |
| url  | https://www.clickablefitness.com/   |  |          |         |        |       |      |         |       |  |             |   |     |                                   |           |                   |              |                           |       |   |
| site_name  | Clickable Fitness   |  |          |         |        |       |      |         |       |  |             |   |     |                                   |           |                   |              |                           |       |   |
| updated_time   | 2023-05-13T11:12:19+00:00   |  |          |         |        |       |      |         |       |  |             |   |     |                                   |           |                   |              |                           |       |   |
| image  | https://www.clickablefitness.com/wp-content/uploads/2022/12/Clickable-Fitness-1-8.png   |  |          |         |        |       |      |         |       |  |             |   |     |                                   |           |                   |              |                           |       |   |

## SEO Indhold

|                  |   |
|------------------|---|
| image:secure_url | <a href="https://www.clickablefitness.com/wp-content/uploads/2022/12/Clickable-Fitness-1-8.png">https://www.clickablefitness.com/wp-content/uploads/2022/12/Clickable-Fitness-1-8.png</a> |
| image:width      | 1080  |
| image:height     | 1080  |
| image:alt        | Clickable Fitness Home  |
| image:type       | image/png   |





### Overskrifter

| H1  | H2 | H3 | H4 | H5 | H6 |
|---|----|----|----|----|----|
| 66  | 4  | 6  | 4  | 3  | 1  |
| <ul style="list-style-type: none"><li>• [H1] HOME</li><li>• [H1] A Comprehensive Review of XXL Nutrition Supplements: Finding the Right Supplements for Your Fitness Goals</li><li>• [H1] When Pleasure Becomes Destructive: Dopamine and the Descent into Addiction</li><li>• [H1] The Five Foundational Pillars: Creating A Solid Base For A Thriving, Healthy Life – Synergy For Success</li><li>• [H1] The Five Foundational Pillars: Creating A Solid Base For A Thriving, Healthy Life – Part 5: Relationships</li><li>• [H1] The Five Foundational Pillars: Creating A Solid Base For A Thriving, Healthy Life – Part 4: Light Exposure</li><li>• [H1] The Five Foundational Pillars: Creating A Solid Base For A Thriving, Healthy Life – Part 3: Exercise</li><li>• [H1] The Five Foundational Pillars: Creating A Solid Base For A Thriving, Healthy Life – Part 2: Nutrition</li><li>• [H1] The Five Foundational Pillars: Creating a Solid Base for a Thriving, Healthy Life – Part 1: Sleep</li><li>• [H1] The Dopamine Advantage: Master Your Motivation and Unlock Your Potential</li><li>• [H1] Mastering Supplementation: Optimise Your Health, Sleep, and Focus with Science-Backed Strategies</li><li>• [H1] Introducing FitTrack: Unleashing the Power of Health Data</li><li>• [H1] Introducing XXL Nutrition: Unleash Your Fitness Potential with the Ultimate Supplement Powerhouse</li><li>• [H1] Introducing Alphalete: Elevating Fitness with Innovation and Community</li><li>• [H1] Introducing Eight Sleep: Revolutionizing Sleep Quality with Innovative Products</li><li>• [H1] Introducing Check My Body Health: Take Charge of Your Health with Confidence</li><li>• [H1] 10 Essential Supplements for Fitness: Benefits and Recommendations for Optimal Health and Wellness</li><li>• [H1] The Ultimate Guide to Supplements for Joint Health</li><li>• [H1] The Top 5 Supplements for Quick Muscle Recovery: A Comprehensive Guide</li><li>• [H1] Introducing What's Supplements – High Quality and Affordable Supplements</li><li>• [H1] Introducing TITAN – Elevate Your Home-Gym Experience</li><li>• [H1] Introducing Momentous – The Science-Backed Performance and Health Solution for High-Achievers.</li><li>• [H1] Sleep 101: A Guide For Optimizing Your Sleep</li></ul> |    |    |    |    |    |





## SEO Indhold

- [H1] 10 Must-Have Pieces of Equipment for Building a Comprehensive Home Gym.
- [H1] AG1: The Comprehensive Nutritional Solution for Whole-Body Health
- [H1] Introducing Clickable Fitness: The Number 1 Tool for Cutting Through the Noise and Unleashing Your Potential
- [H1] XXL Nutrition Creatine + HMB Stack
- [H1] XXL Nutrition Creatine Caps 1250mg
- [H1] XXL Nutrition Muscle Grow 2000grams
- [H1] XXL Nutrition Creatine Monohydrate
- [H1] Fitness & Nutrition Plan
- [H1] Personalised Nutrition Plan
- [H1] Personalised Fitness Plan
- [H1] XXL Nutrition Blast! Pre-Workout
- [H1] XXL Nutrition Venom Pre-Workout Drink
- [H1] XXL Nutrition Black Label Pre-Workout
- [H1] XXL Nutrition 30 Day Fat Killer Pack
- [H1] XXL Nutrition Women's Fatburner Pack
- [H1] XXL Nutrition Burner Shot
- [H1] XXL Nutrition Vegan Diet Shake
- [H1] XXL Nutrition Fat Metabolic Support Powder
- [H1] XXL Nutrition 24 Hour Fat Metabolic Support Stack
- [H1] XXL Nutrition Fat Metabolic Support Night
- [H1] XXL Nutrition Fat Metabolic Support
- [H1] XXL Nutrition Fat Metabolic Support Black Edition
- [H1] XXL Nutrition Women's Fat Metabolic Support
- [H1] XXL Nutrition Light Sauce
- [H1] XXL Nutrition Diet Shake
- [H1] T-2 SERIES ROLLER J-HOOKS
- [H1] T-2 SERIES SANDWICH J-HOOKS
- [H1] T-2 SERIES LAT TOWER POWER RACK ATTACHMENT
- [H1] TITAN SERIES 24-IN EXTENSION KIT
- [H1] X-3 SERIES BOLT DOWN EXTENSION KIT
- [H1] X-3 SERIES FLAT FOOT EXTENSION KIT
- [H1] T-3 SERIES FOLDING POWER RACK
- [H1] X-3 SERIES FOLDING POWER RACK
- [H1] X-3 SERIES BOLT-DOWN POWER RACK
- [H1] T-3 SERIES EXTENSION KIT
- [H1] T-2 SERIES 10-IN EXTENSION KIT
- [H1] SEATED STATIONARY BENCH
- [H1] POWER STRIKE PUNCHING BAG
- [H1] POWER RACK MOUNTED ADJUSTABLE SPEED BAG PLATFORM
- [H1] MUAY THAI HEAVY BAG
- [H1] DUAL STATION BOXING STAND FOR SPEED AND HEAVY BAG
- [H1] MUAY THAI SHIELD
- [H1] PIVOTING REFLEX TRAINER
- [H2] Companies that we trust
- [H2] Join Thousands Of Success Stories Worldwide
- [H2] Providing A Healthy, Happy And Confident Lifestyle For All
- [H2] What To Expect From Clickable Fitness
- [H3] official Partners
- [H3] Reviews
- [H3] About Us
- [H3] WHAT YOU GET

## SEO Indhold

|  |                   |  |
|--|-------------------|--|
|  |                   | <ul style="list-style-type: none"><li>• [H3] Sign Up</li><li>• [H3] Take control of your health and fitness journey with Clickable Fitness</li><li>• [H4] Recent Articles</li><li>• [H4] Newsletter</li><li>• [H4] Your Personalized Path to Peak Performance!</li><li>• [H4] Recent Products</li><li>• [H5] Take a stroll through Clickable Fitness blogs and enjoy the rich content we offer you. Read articles on a variety of topics. Keep up with current events and information.</li><li>• [H5] Join the Clickable Fitness revolution! Get expert advice, tailored workouts, and special offers. Elevate your fitness journey and be your best self. Subscribe now – don't miss out!</li><li>• [H5] Our filter system ensures that all information, products, and partnerships recommended on our platform align with our mission and provide accurate and evidence-based information. Here are some of the newest additions.</li><li>• [H6] we make fitness simple.</li></ul> |
|    | Billeder          | Vi fandt 72 billeder på denne side.<br><br>Godt, de fleste eller alle af dine billeder har ALT tags.   |
|   | Text/HTML balance | Balance : <b>0%</b><br><br>Denne sides text til HTML fordeling er under 15 procent, dette betyder at din side mangler indhold!   |
|  | Flash             | Perfekt, ingen Flash objekter er blevet fundet på siden.   |
|  | iFrame            | Perfekt, der er ikke nogen iFrames på din side!  |

## SEO Links

|  |                     |  |
|--|---------------------|--|
|  | URL Omskrivning     | Godt. Dine links ser venlige ud!                                     |
|  | Underscores i links | Perfekt! Ingen underscores blev fundet i dine links                  |
|  | On-page links       | Vi fandt et total af 73 links inkluderende 0 link(s) til filer       |
|  | Statistics          | Eksterne Links : noFollow 0%<br><br>Eksterne Links : Sender Juice 0% |

## SEO Links

Interne Links 100%

### On-page links

| Anker   | Type   | Juice        |
|---|--------|--------------|
| <a href="#">Skip to content</a>   | Intern | Sender Juice |
| <a href="#">Home</a>  | Intern | Sender Juice |
| <a href="#">Blog</a>  | Intern | Sender Juice |
| <a href="#">Affiliates</a>  | Intern | Sender Juice |
| <a href="#">Personalised Plans</a>  | Intern | Sender Juice |
| <a href="#">About</a>   | Intern | Sender Juice |
| <a href="#">Contact</a>   | Intern | Sender Juice |
| <a href="#">A Comprehensive Review of XXL Nutrition Supplements: Finding the Right Supplements for Your Fitness Goals</a>   | Intern | Sender Juice |
| <a href="#">When Pleasure Becomes Destructive: Dopamine and the Descent into Addiction</a>                                  | Intern | Sender Juice |
| <a href="#">The Five Foundational Pillars: Creating A Solid Base For A Thriving, Healthy Life – Synergy For Succes</a>      | Intern | Sender Juice |
| <a href="#">The Five Foundational Pillars: Creating A Solid Base For A Thriving, Healthy Life – Part 5: Relationships</a>   | Intern | Sender Juice |
| <a href="#">The Five Foundational Pillars: Creating A Solid Base For A Thriving, Healthy Life – Part 4: Light Exposure</a>  | Intern | Sender Juice |
| <a href="#">The Five Foundational Pillars: Creating A Solid Base For A Thriving, Healthy Life – Part 3: Exercise</a>        | Intern | Sender Juice |
| <a href="#">The Five Foundational Pillars: Creating A Solid Base For A Thriving, Healthy Life – Part 2: Nutrition</a>       | Intern | Sender Juice |
| <a href="#">The Five Foundational Pillars: Creating a Solid Base for a Thriving, Healthy Life &amp;#8211; Part 1: Sleep</a> | Intern | Sender Juice |
| <a href="#">The Dopamine Advantage: Master Your Motivation and Unlock Your Potential</a>                                    | Intern | Sender Juice |
| <a href="#">Mastering Supplementation: Optimise Your Health, Sleep, and Focus with Science-Backed Strategies</a>            | Intern | Sender Juice |
| <a href="#">Introducing FitTrack: Unleashing the Power of Health Data</a>   | Intern | Sender Juice |
| <a href="#">Introducing XXL Nutrition: Unleash Your Fitness Potential with the Ultimate Supplement Powerhouse</a>           | Intern | Sender Juice |

## On-page links

|  |        |              |
|--|--------|--------------|
| <a href="#">Introducing Alphalete: Elevating Fitness with Innovation and Community</a>                                       | Intern | Sender Juice |
| <a href="#">Introducing Eight Sleep: Revolutionizing Sleep Quality with Innovative Products</a>                              | Intern | Sender Juice |
| <a href="#">Introducing Check My Body Health: Take Charge of Your Health with Confidence</a>                                 | Intern | Sender Juice |
| <a href="#">10 Essential Supplements for Fitness: Benefits and Recommendations for Optimal Health and Wellness</a>           | Intern | Sender Juice |
| <a href="#">The Ultimate Guide to Supplements for Joint Health</a>   | Intern | Sender Juice |
| <a href="#">The Top 5 Supplements for Quick Muscle Recovery: A Comprehensive Guide</a>                                       | Intern | Sender Juice |
| <a href="#">Introducing What's Supplements &amp; High Quality and Affordable Supplements</a>                                 | Intern | Sender Juice |
| <a href="#">Introducing TITAN &amp; Elevate Your Home-Gym Experience</a>   | Intern | Sender Juice |
| <a href="#">Introducing Momentous &amp; The Science-Backed Performance and Health Solution for High-Achievers.</a>           | Intern | Sender Juice |
| <a href="#">Sleep 101: A Guide For Optimizing Your Sleep</a>   | Intern | Sender Juice |
| <a href="#">10 Must-Have Pieces of Equipment for Building a Comprehensive Home Gym.</a>                                      | Intern | Sender Juice |
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| <a href="#">Introducing Clickable Fitness: The Number 1 Tool for Cutting Through the Noise and Unleashing Your Potential</a> | Intern | Sender Juice |
| <a href="#">XXL Nutrition Creatine + HMB Stack</a>   | Intern | Sender Juice |
| <a href="#">XXL Nutrition Creatine Caps 1250mg</a>   | Intern | Sender Juice |
| <a href="#">XXL Nutrition Muscle Grow 2000grams</a>  | Intern | Sender Juice |
| <a href="#">XXL Nutrition Creatine Monohydrate</a>   | Intern | Sender Juice |
| <a href="#">Fitness &amp; Nutrition Plan</a>   | Intern | Sender Juice |
| <a href="#">Personalised Nutrition Plan</a>  | Intern | Sender Juice |
| <a href="#">Personalised Fitness Plan</a>  | Intern | Sender Juice |
| <a href="#">XXL Nutrition Blast! Pre-Workout</a>   | Intern | Sender Juice |
| <a href="#">XXL Nutrition Venom Pre-Workout Drink</a>  | Intern | Sender Juice |
| <a href="#">XXL Nutrition Black Label Pre-Workout</a>  | Intern | Sender Juice |


## On-page links

|   |        |              |
|---|--------|--------------|
| <a href="#">XXL Nutrition 30 Day Fat Killer Pack</a>              | Intern | Sender Juice |
| <a href="#">XXL Nutrition Women's Fatburner Pack</a>              | Intern | Sender Juice |
| <a href="#">XXL Nutrition Burner Shot</a>                         | Intern | Sender Juice |
| <a href="#">XXL Nutrition Vegan Diet Shake</a>                    | Intern | Sender Juice |
| <a href="#">XXL Nutrition Fat Metabolic Support Powder</a>        | Intern | Sender Juice |
| <a href="#">XXL Nutrition 24 Hour Fat Metabolic Support Stack</a> | Intern | Sender Juice |
| <a href="#">XXL Nutrition Fat Metabolic Support Night</a>         | Intern | Sender Juice |
| <a href="#">XXL Nutrition Fat Metabolic Support</a>               | Intern | Sender Juice |
| <a href="#">XXL Nutrition Fat Metabolic Support Black Edition</a> | Intern | Sender Juice |
| <a href="#">XXL Nutrition Women's Fat Metabolic Support</a>       | Intern | Sender Juice |
| <a href="#">XXL Nutrition Light Sauce</a>                         | Intern | Sender Juice |
| <a href="#">XXL Nutrition Diet Shake</a>                          | Intern | Sender Juice |
| <a href="#">T-2 SERIES ROLLER J-HOOKS</a>                         | Intern | Sender Juice |
| <a href="#">T-2 SERIES SANDWICH J-HOOKS</a>                       | Intern | Sender Juice |
| <a href="#">T-2 SERIES LAT TOWER POWER RACK ATTACHMENT</a>        | Intern | Sender Juice |
| <a href="#">TITAN SERIES 24-IN EXTENSION KIT</a>                  | Intern | Sender Juice |
| <a href="#">X-3 SERIES BOLT DOWN EXTENSION KIT</a>                | Intern | Sender Juice |
| <a href="#">X-3 SERIES FLAT FOOT EXTENSION KIT</a>                | Intern | Sender Juice |
| <a href="#">T-3 SERIES FOLDING POWER RACK</a>                     | Intern | Sender Juice |
| <a href="#">X-3 SERIES FOLDING POWER RACK</a>                     | Intern | Sender Juice |
| <a href="#">X-3 SERIES BOLT-DOWN POWER RACK</a>                   | Intern | Sender Juice |
| <a href="#">T-3 SERIES EXTENSION KIT</a>                          | Intern | Sender Juice |
| <a href="#">T-2 SERIES 10-IN EXTENSION KIT</a>                    | Intern | Sender Juice |
| <a href="#">SEATED STATIONARY BENCH</a>                           | Intern | Sender Juice |
| <a href="#">POWER STRIKE PUNCHING BAG</a>                         | Intern | Sender Juice |
| <a href="#">POWER RACK MOUNTED ADJUSTABLE SPEED BAG PLATFORM</a>  | Intern | Sender Juice |
| <a href="#">MUAY THAI HEAVY BAG</a>                               | Intern | Sender Juice |
| <a href="#">DUAL STATION BOXING STAND FOR SPEED AND HEAVY BAG</a> | Intern | Sender Juice |

## On-page links

|   |        |              |
|---|--------|--------------|
| <a href="#">MUAY THAI SHIELD</a>        | Intern | Sender Juice |
| <a href="#">PIVOTING REFLEX TRAINER</a> | Intern | Sender Juice |
| <a href="#">Policy</a>                  | Intern | Sender Juice |

## SEO Nøgleord

|  |                 |  |
|--|-----------------|--|
|  | Nøgleords cloud |  |
|--|-----------------|--|



## Nøgleords balance

| Nøgleord | Indhold | Titel | Nøgleord | Beskrivelse | Overskrifter |
|----------|---------|-------|----------|-------------|--------------|
|----------|---------|-------|----------|-------------|--------------|

## Brugervenlighed

|  |                  |   |
|--|------------------|---|
|  | Link             | Domæne : clickablefitness.com<br>Længde : 20        |
|  | Favikon          | Godt, din side har et Favikon!                      |
|  | Printervenlighed | Vi kunne ikke finde en printer venlig CSS skabelon. |
|  | Sprog            | Godt, dit tildelte sprog er en.                     |
|  | Dublin Core      | Denne side benytter IKKE Dublin Core principperne.  |

## Dokument





|  |              |  |
|--|--------------|--|
|  | Dokumenttype | HTML 5                                 |
|  | Kryptering   | Perfekt. Dit Charset er tildelt UTF-8. |






## Dokument

|   |                 |   |
|---|-----------------|---|
|  | W3C Validering  | Fejl : 105<br>Advarsler : 10  |
|  | Email Privatliv | Advarsel! Mindst én email adresse er blevet fundet i rå tekst. Brug <a href="#">gratis antispam beskytter</a> for at hemme din email fra spammere.  |
|  | Udgået HTML     | Godt! Vi har ikke fundet udgåede HTML tags i din kildekode  |
|  | Hastigheds Tips | <div> Alle tiders! Din webside bruger ikke nestede tabeller.</div> <div> Advarsel! Din webside benytter inline CSS kode!</div> <div> Dårligt, din webside har for mange CSS filer (mere end 4).</div> <div> Dårligt, din webside har for mange JavaScript filer (mere end 6).</div> <div> Perfekt, din hjemmeside udnytter gzip.</div> |

## Mobil

|   |                  |   |
|---|------------------|---|
|  | Mobil Optimering | <div> Apple Ikon</div> <div> Meta Viewport Tag</div> <div> Flash indhold</div> |
|---|------------------|---|

## Optimering

|   |             |   |
|---|-------------|---|
|  | XML Sitemap | Mangler<br><br>Dit websted ikke har en XML sitemap - det kan være problematisk.<br><br>Et sitemap lister URL'er, der er tilgængelige for gennemgang og kan indeholde yderligere oplysninger som dit websted seneste opdateringer, hyppigheden af ændringer, og betydningen af de webadresser. Dette gør det muligt søgemaskiner til at gennemgå webstedet mere intelligent. |
|  | Robots.txt  | <a href="http://clickablefitness.com/robots.txt">http://clickablefitness.com/robots.txt</a><br><br>Stor, din hjemmeside har en robots.txt-fil.  |
|  | Analytics   | Stor, din hjemmeside har et analyseværktøj.   |

# Optimering



Google Analytics